



	No of Days
CITY & GUILDS	
CONFINED SPACES	
Con Space 6150. 01 - low risk	1
Con Space 6150. 02 - med risk	2
Con Space 6150. 03 - high risk	3
Con Space 6150. 04 - overseeing	2
Con Space 6150. 05 - rescue	3
Con Space 6150. 61 – Management (Level 5)	5
NEW ROADS AND STREET WORKS ACT	
NRSWA Unit 1 (Cable Avoidance)	1
NRSWA Unit 2	1
NRSWA Unit 2	2
MANAGEMENT COURSES (City & Guilds)	
Level 5 Award in Managing Work in Confined Space	5
Level 5 Diploma in Occupational Health and Safety Practice	3 – 12 months
Level 3 Award in Planning, Supervising and Management of Work at Height	3
CDM	
Construction Design & Management 2015	1/2
Construction Design & Management 2015	1
CITB	
SMSTS	5
SMSTS Refresher	2
SSSTS	2
Health & Safety Awareness (Labourers Card)	1
CSCS Touch Screen Teste	45 mins
ENVIRONMENTAL	
Environmental Awareness	1/2

HEALTH & SAFETY	days
CONSTRUCTION	
Abrasive Wheel	½
Asbestos Awareness	½
Harness Use / Inspection	½

Ladder Safety / Inspection	½
PASMA - Scaffold Tower Training	1
Cable Avoidance	1
Vehicle Banksman	½
EUSR Water Hygiene	½
Risk Assessments	½
<u>GENERAL</u>	
CSCS (Health & Safety Training and Test)	1
COSHH - Principles of	½
Fire Marshall	1
Principles of Manual Handling	½
Manual Handling	½
Risk Assessments - Principles of	½
Working at Height	½
<u>FIRST AID</u>	
Emergency First Aid at Work	1
Emergency First Aid at Work – refresher	½
First Aid at Work (3day)	3
First Aid at Work – refresher	2
<u>PLANT – CPCS, NPORS, IPAF, LANTRA</u>	
180° 360°, Dumper, Roller, Telescopic Handler, Scissor Lift, Cherry Picker, Skid Steer, Signaller Slinger.	Dependant on experience
NVQ Level 2 (red to Blue card)	